There is a situation in America in which a black individual cannot self-express in the same way others may be able to. Being unable to truly act himself, it is binding and stressful, never being able to think only about what he wants to wear or how he wants to act, but also forced to consider how others see him. It is a requirement to dress to please them. They do not want to see black people being themselves, they see that as a threat. They want you to blend into the background and disappear. Dangerously, these people are the ones in position to oppress and effectively bully those who they do not see as part of their ideal. You must always have them in the back of your mind, Stressing about what you’re wearing, how you’re walking, even how you speak. All those things are things that you must modify about yourself to please these people that already despise you.